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Tell me what you love...

At the last meeting in Orlando, there was a lot of discussion about involvement and why each of us became involved in something like FNSA. After getting home, I discovered that we were all talking about what we loved, the root of our future profession – caring for others. I'm sure those three words only skim the top of the deep bucket we call our motivation for all the late nights studying, all the times we've had bodily fluids end up on our scrubs, or seeing a patient finally relax when you form that trusting bond. So this month and until the day you retire, remember why you love what you're doing. Tack your reasons up on the wall if you have to – don't lose the drive.

In this issue, don't forget to check out some of the new features of Hotline! Janice Hess has wonderfully graced our issue with an article concerning her work in earning her DNP degree. Our region directors have asked their regions to submit a quote about why they personally decided to get involved. And, as always, we have letters from your executive board. Enjoy!

REMINDER!

If anyone would like to receive personal copies of Hotline sent directly to their e-mail box or if you have any questions or comments, please e-mail Becca Slone via FNSAcorrespondingsec@yahoo.com

WE'RE ON FACEBOOK!

Find FNSA's group on Facebook under "FNSA!!" and join the group! Receive updates and information about upcoming events and meetings and even links to our Hotline. See your whole executive board as well!

Greetings from the Executive Board



Sarah Lindley
FNSA President
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Greetings!

I hope that 2010 is off to a great start for all of you. I first want to thank our consultants who have agreed to stay with us for another year. We are pleased to have Ms. Cynthia Boucher from Santa Fe College, Dr. Pamela Ark from the University of Central Florida, and Ms. Toni Linck from Polk State College. We would also like to thank Ms. Willa Fuller for all her hard work as the FNSA Executive Director.

Your Executive Board has begun working hard planning all the upcoming events for 2010. Our hope for this year is to expand student involvement in FNSA. Getting involved in organizations like this

have many great benefits that will impact your future careers as nurses. I first joined the FNSA as a way to network with fellow nursing students. Since joining, I have expanded my knowledge of political process and the influence our organization has on legislation. I encourage all of you to get more involved and speak up for the nursing profession. It is our future and we should have a stake in it.

I would like to challenge all of you to get more involved with FNSA and attend our next board meeting on February 20, 2010 at 11am. See you at the FNA headquarters in Orlando, FL!



Michele Duckstein
FNSA 1st Vice President
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I hope everyone had a great holiday season and stayed warm during our unusually cold winter weather. The state of Florida is very lucky to have the NSNA convention in our backyard and I would like to pass along information regarding involvement of your school in NSNA. It is important that each school chapter in Florida understand the importance of completing an NSNA Constituency form. Many students or school personnel may ask, what is a Constituent and why is an

application for Constituency status important? Per the NSNA website, "An NSNA® constituent is any state association or school chapter in a state approved program preparing students for licensure as registered nurses that meets the annual constituency requirements. *Only NSNA® constituents may be represented in the NSNA® House of Delegates, and only NSNA® constituents qualify for prizes and awards issued by NSNA®.*" Per Article IV, Section 1d of the Bylaws of NSNA, "For yearly recognition as an NSNA constituent, constituent associations shall be required to submit annually the Official Application for NSNA Constituency Status which shall include the following area of conformity for active and associate members: purpose & function, membership, dues and representation." Article IV, Section 1a of the NSNA Bylaws states, "The Application must be submitted annually and can be submitted at the Annual Convention site during the delegate credentialing process for the Annual House of Delegates meeting.

For those school and state associations unable to send representatives to the Annual House of Delegates meeting, the application may be sent to the NSNA on a date postmarked no later than 10 working days after the close of the House of Delegates meeting of the same year." Where would one find a copy of the NSNA official application for constituency status 2010? It can be downloaded from the NSNA website, www.nсна.org under the Bylaws and Policies tab. An FNSA Constituency form is required annually, however it is not required until the annual convention. One may ask; if my school completes a FNSA Constituency form will it be forwarded to NSNA? The answer is, "NO" the Constituency form for NSNA is a separate form from the FNSA constituency form. If you have questions regarding the Constituency form for NSNA or FNSA, please feel free to e-mail me and I will find the appropriate answer for you.

Involvement

Why be involved? What led me to be involved?

My belief is if I want to be the best I can be at something, I have to be involved to grow and improve. As nursing students we all frequently hear that we must advocate for our patients and be a voice for them. Why not advocate for our profession and ourselves? We are facing many healthcare changes, and as we soon enter into the workforce we need to be prepared to be involved so we can see positive changes that will affect our careers. By being involved as a student has really helped me to be open to all aspects of nursing, and this includes

being active in my local community and on the state level. Being involved has many benefits; networking, improving leadership skills, enhancing professionalism, and is really rewarding knowing that I am doing all that I can to be involved. This will follow me through my career, and help me to take the initiative to speak up and advocate for my profession. I hope more students will become more involved, and take advantage of the opportunities available to make a positive difference in our profession.

Hope all are off to a great start it is going to be an exciting year. Please feel free to email me if you have any questions on how you can become more involved, or if you have any suggestions on how I can be more involved.



Lori Wagner
FNSA 2nd Vice President
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DID YOU KNOW?

Something like 430,000 children the world over died from HIV and the complications. On January 15, 2010, a new study was launched by International Maternal Pediatric Adolescent AIDS Clinical Trials with the support from the National Institute of Allergy and Infectious Diseases and the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development. Called the PROMISE (Promoting Maternal-Infant Survival Everywhere), it plans to follow some 8,000 women from 18 countries and their infants for 6 years. The catch? The infants are HIV-exposed. The study plans to “determine how best to reduce the risk of HIV transmission from infected pregnant women to their babies during pregnancy and breastfeeding while preserving the health of these children and their mothers (NIAID, 2010).”

Reference: National Institute for Allergy and Infectious Disease. (January 21, 2010). New Study Examines Best Ways to Prevent Mother-to-Child HIV Transmission and Preserve Maternal and Infant Health. Retrieved from <http://www3.niaid.nih.gov/news/newsreleases/2010/PROMISE.htm>

I am very excited about this month. I have gotten more emails of those asking to personally receive Hotline in their accounts. I have created a Facebook group, you Facebook fans! It's under the name "FNSA!!" and you can just click to join. Post questions, events at your school, and even find access to Hotline and your executive board from

the group page. Suggest some new research you found while studying and you just might see it in next month's Hotline!

We love to hear from you! Contact your region director and let them know how they can be more involved. We're here for you.

To go with the theme of this month, I got involved because I felt like it was the right thing to do, honestly. I see people on TV being



Becca Slone
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involved and doing good deeds and traveling and I wanted to do that too. I felt like I needed to do that and I needed to make a difference in the world. Shakespeare wrote poetry so he'd never disappear into oblivion; I hope that being involved in anything I

can get my hands on and making a difference in the lives I touch will be my poetry.



Dudley Deshommes
FNSA Treasurer
FNSA_treasurer@yahoo.com

Happy New Year, fellow members and friends. The New Year is upon us and brings new beginnings. In keeping with my resolution for the year, I was able to challenge the executive board to raise \$18.00 at our first year meeting. The purpose of challenges is to raise money for FNSA foundation. It is declared by a spokesperson, such as a treasurer,

and the challenged party accepts and then passes on the challenge to another person, school, or group. I challenged everyone with hair longer than shoulder length to give \$2.00. This is one example of how you can raise funds for your chapter. Also try challenging your faculty members and dean to become a FNSA sustaining member this year. Another fundraising idea is "Pie your Instructor." You will have to get instructors to participate and charge students to pie them. Please let me know if you decide to implement this idea.

I want to reiterate that my focus for this year is to raise our scholarship funds. Acquiring money for school can be an issue for nursing students. Through the scholarship we are able to help each other get through nursing school. With that in mind, I will begin a promotional campaign with Pennies PRN where each school in the state will compete with each other in raising the most

funds. A detailed explanation about Pennies PRN will be sent by e-mail from your Regional Directors. The school with the most funds will be rewarded with a prize and earn Chapter of the Year points. You can set coin jars around campus or challenge your fellow students and faculty members. The winning school will be announced at this year's State Convention in October.

Meanwhile, each school will report to their Regional Director every month with a total and the leading three schools will be announced in Hotline and e-mailed to the schools throughout the state. Everyone will at least have an idea where they stand in relation to other schools. I will periodically email flyers to your Regional Directors who in turn will make sure you receive the flyers where you can post and discuss at your school chapter meetings. Please contact me with questions or suggestions for other fund raising ideas. Let the games begin!



Donna-Kaye Melbourne
Region 1 Director/
Nominations and Elections
Chair
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Happy 2010 to all Nursing Students, Faculty and Nurses!! I hope everyone had a great New Years and have started the year off right. This article's theme is on "Why I got involved," as well as why everyone else should get involved. Nursing is a very important profession when it comes to people - no matter who you are or what you do. When a person gets sick, it is the nurse's love and care that brings the patient through hard times. Florida Nursing Student Association has done more then we

allow ourselves to realize for the entire field of nursing. As nurses and student nurses, it is completely up to us to stick to our morals, rules and regulations. It is up to us to make others see the importance of our profession and not undermine or take advantage of our colleagues. As Region 1 Director, I make it my 2010 goal to reach out to as much people as I can. Please join me and everyone else on the FNSA executive board to help bring us together and make our profession stronger!

Hello State of Florida! I hope your holidays were as relaxing as mine! And as another semester starts (my last at Santa Fe College), I think back to the beginning and what my motivation for joining our campus chapter of NSA was. I remember the first time I met some members who were a year ahead of me, as the toured a group of brand new students around the nursing labs during orientation to our program. They were so nice, and knowledgeable, I wanted to have every opportunity to succeed I could, so I asked how they were involved. Their answer was simple: NSA. I went to the first meeting on campus, out of curiosity, what kind of secrets about school could these people tell me? I stayed

because these were some of the nicest, most passionate, organized women I've ever worked with. We worked on fundraisers on and off campus together, we went to state convention together, we celebrated nursing student week, and nurse's week together, we studied together, we cried at their graduation together. All that time, they shared with me their insight into how to be a better nurse. Because of the mentoring they gave me I felt confident enough in myself to run for chapter vice president. I served a year and have now been lucky enough to work with the class under me. But now it's my turn, to help the group of people now running the chapter to feel as confident and valued as I felt.



Jessica Springer
Region 2 Director/
Membership Chair
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If you haven't already thought about a resolution—maybe it can be to become more active in having a voice in the world of nursing. Dedicating more of your free time to your SNA/FNSA participation? Go back to the time when you decided to become a nurse—share that passion for nursing with others. I decided to go into nursing when I realized how much of an impact nurses truly have on patients' lives after I volunteered at the hospital one summer...my goal is to be the nurse that patients remember as the one that got them through that rough night.

Recently, I have received a surplus of recruitment tools that we can use in schools across the state to further our Breakthrough to Nursing goals. Currently, I am putting the finishing touches on a Power Point presentation that I will distribute to any schools interested in using it for a BTN project/event. Also, I have several posters and brochures that can be utilized upon request. Furthermore, I have multiple nursing recruitment videos that cater specifically to the

goals of BTN—showing how we have touched others and what nursing really signifies. The organizations that have produced the videos include Discover Nursing, NSNA, and Johnson & Johnson. One video, A Patient's Perspective, is extremely touching and is worth watching yourself. Hopefully, you will take advantage of these resources in our efforts to interest the minorities of nursing into the profession. Please contact me if you have any interest in using these materials for a presentation or event.

You can now register for the 58th Annual NSNA National Convention, which is taking place right here at Disney! It is April 7-11 at Disney's Coronado Springs Resort. Register online at: <http://www.nсна.org/Meetings/AnnualConvention.aspx> Check out the link "Call for Posters" on that webpage—if your chapter would like to share a BTN project at the convention, you can create a poster and have it displayed at the Project Showcase. I hope to see all of you there representing Region 3!



Bridget Linnehan
Region 3 Director/
Breakthrough to Nursing
Chair
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As always, feel free to contact me at my email with any questions, concerns, or suggestions. Have a wonderful start to the New Year!



Dana McLean
 Region 4 Director/
 Resolutions Chair
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As we all kick into high gear to tackle this semester, let's all stop for a moment to think about why we became FNSA members and how fortunate we are to live in a state that respects the opinions and concerns of the nursing students, as we make our way into being members of the discipline. The experiences that are gained from

becoming involved in activities on behalf of school chapters, state events, and even national events, when possible, are invaluable and help shape our attitudes about the kind of nurse we want to become. **Involvement begins with you!** School chapters are the best advocates of getting students out into the communities we serve. By hosting small events on a regular basis, nursing students become active in what is happening with the profession and gain the desire to continue to seek higher levels of involvement within the nursing organization. Clinical rotations are another great way to visualize and feel what is happening within the discipline. Problems and issues faced by hospital staff do not go unnoticed by us, just because we are students. We see firsthand what areas need improvement, and by becoming involved in FNSA and NSNA we can help shape the path of

the profession even before we become licensed members. There are not many professions out there that value the thoughts and drive of its student population, so let's not let that opportunity pass us by. Through being involved, students can gain valuable skills, such as professionalism, public speaking, how to work as a team and provide care that is backed by evidenced-based practice

You can make a difference! Each and everyone one of us has the potential to provide excellent care and even assist in the political arena. We may be involved individually but when we are a collective force we stand strong. So please, get involved at school events, and remember, we want you to be involved in this year's FNSA executive board. All members are welcome to assist in various ways, so please let us know if there is an area you are interested in! We love to hear from each of you and send us pictures and stories of the events you participate in so we can feature the hard work that is being done in our communities!



Carolyn Mollo
 Region 5 Director/
 Communications Chair
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Nursing students are some of the busiest students around, and it might be difficult for some to fathom how one could possibly handle extra activities or clubs. It is important, however, to keep in mind that it may be possible to balance school work with one's local or state chapter of a student nursing

government. Involvement in the FNSA and NSNA allows for many positive opportunities to occur throughout one's school years. According to the NSNA website, becoming involved with events such as the NSNA Annual Convention allows one to "experience leadership and career development activities, opportunities to listen to renowned nursing leaders, hear about job opportunities and the chance to network with hundreds of other students". The Florida Nursing Students Association provides opportunities to become involved with healthcare advocacy through events such as Lobby Days in Tallahassee, and The House of Delegates meetings for our Annual Convention. So, although it may be difficult for some to find time to maintain involvement in the local/state student nursing associations, it is well worth the experiences one will receive in

return. I also want to say "Welcome" and "Congratulations" to Palm Beach Atlantic University for regaining constituency and becoming an official member of the FNSA. PBAU is a very active chapter within the community, and I am very excited to welcome them to Region 5!

POWER FOOD SUGGESTION

Try this next time you're feeling a bit sluggish – bite into a crunchy apple! Not only may an apple reduce a woman's chance of breast cancer, but it is also high in fiber (about 4 grams in a large apple, as much as Fiber Choice's serving) and contains as much energy-boosting elements as a cup of coffee (Green Tea Health News, 2010; nutritiondata.com, 2008).

Hello FNSA members. I hope you are well rested from your winter break and geared up for the new semester. We have a lot to look forward to in 2010. Some of us will be graduating and embarking on our new fruitful careers as educators, advocates, or as community liaisons. Others will continue to develop a passion for what they value and believe to be important within the nursing industry which will help guide them during their nursing profession.

FNSA's Legislative committee is ready for the New Year 2010. We have already sent a letter to the governor asking for a proclamation for Nursing Student Week, which will be held February 21 -27. We hope that each of you will get involved with your university and participate in the

events at your NSA chapter.

The FNA lobby days are around the corner, March 16-17. If you are interested and would like to get involved I implore you to visit the FNA website and explore the legislative activities section. Take some time out to read the legislative resource toolkit web link, which is a wealth of knowledge that gives a great insight into the legislative lobbying process. I encourage you to learn about your local leaders and see if they are paying fair enough attention to your issues. The voices of the constituents are important to public officials, so please write letters, e-mails, and make phone calls to get your voice heard. Share your opinions about education, health policy, quality healthcare and economic issues. I hope many of you decide to get involved and allow your



Stefan DeSimone
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Legislative Chair
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voices to be heard. Let's start this New Year off right and put our best foot forward.

Call to chapter presidents!

Chapter presidents, FNSA needs you to select a member of your chapter to attend FNSA meetings in Orlando. It is in the by-laws and must be fulfilled! Email Jessica Springer, Region 2 Director and Membership Chair with any questions!

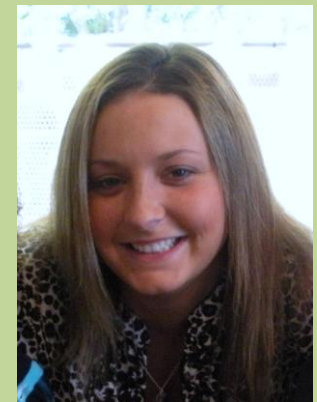
SAVE THE DATE!

**February 21st to February 27th is
Nursing Student Week!!**

Hello FNSA,

With Nationals quickly approaching it's a good time to think about your involvement in not only your local NSA chapter, but also your involvement on a larger scale. As a pre-nursing student I was aware of FNSA but was not aware I could be involved. (In case you guys didn't know, pre-nursing students can join FNSA so get into the classrooms at your school and get the future of your program involved.) I loved the things I saw done at a local level of FNSA. It seemed they always had something planned and they were always taking part in something bigger than what was going on at the school's campus. I knew then that when I got into nursing school I would be involved with FNSA and I would make a difference not only in someone's life but hopefully in the

profession of nursing. Originally, I was intimidated by the idea of running for an office larger than at a local level, and at convention I bit the bullet and ran from the floor. Being given the opportunity to change the things around us in this profession and made my voice be heard is liberating and has been a life changing experience. I encourage everyone to become involved in not only your local chapter and community, but to also join us at our Executive Board meetings and attend Nationals. If you've never attended convention, I highly recommend visiting the House of Delegates. It's awesome to see resolutions proposed, discussed or argued, and then voted on. Let your voice be heard! My tip of the month: when evaluating your involvement in your organization, get involved in your community as well. With the crisis in



Shelby Jones
Region 7 Director/ Community
Health Chair
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Haiti, we all become more aware of the world around us; since it's impossible for all of us to get on a plane and fly to Haiti I suggest you get involved with your local American Red Cross. Help those in YOUR community that are in a state of crisis.



Leah Nash

Director, Member Services and Leadership Development
Florida Nurses Association

Why Should YOU Get Involved?

One of the things that I hear from some nurses is, "Why should I get involved with politics?" Some people are just politically motivated and are interested in public policy. Nurses that you know may be very interested in healthcare legislation. But why should YOU get involved with politics?

There are two very important reasons why you should

get involved. The first reason is because laws that get passed now can affect YOUR practice in the future. For example, if you are planning on becoming a Nurse Practitioner (NP), one of this year's legislative priorities for FNA will affect you directly. If passed, the ARNP Controlled Substance Prescribing bill will permit ARNPs to prescribe controlled substance schedules II-V in compliance with a protocol arrangement.

If you're planning on working in a hospital, FNA's other legislative priority will affect you. In 2010, FNA is supporting RN Staffing in Hospitals, a bill requiring hospitals to have a committee with participation of RNs who provide direct patient care to develop a staffing plan for individual units based on the American Nurses Association (ANA) principles of staffing.

The other reason why you should get involved with politics is because, as a nurse, you are an advocate for your patients. Both of

FNA's legislative priorities work to provide quality healthcare for your patients, either through direct care or through workforce advocacy issues for nurses.

The first step in getting involved with healthcare advocacy is being aware. A great way to get your feet wet is to attend FNA's upcoming **Lobby Days** conference on **March 16 & 17** in Tallahassee. At the conference, you'll learn about FNA's legislative priorities, meet with legislators and agency secretaries, attend committee meetings/receptions and network with fellow nurses. You'll also meet FNA lobbyists and get a clearer view of how the political system works. Most importantly, you will leave the conference knowing that you DO have a voice, you DO have a say in your future and...

YOU CAN MAKE A DIFFERENCE.

For more information on the 2010 FNA Lobby Days conference or to register, please visit floridanurse.org and click on "Conferences." If you have additional questions or would like a registration form emailed to you, please contact conferences@floridanurse.org. Special pricing for students is available.

Nurstoons



www.nurtoon.com

Nurstoons



www.nurtoon.com

Welcome, Palm Beach Atlantic University!



The Palm Beach Atlantic University Nursing Student Association chapter is like a family; we support each other and our community physically, emotionally and spiritually. This past year, one of our major accomplishments was organizing a toy drive for Operation Christmas Child under Samaritans Purse. We collected shoe boxes filled with presents to make Christmas special for less fortunate children around the world. Within our School of Nursing, we hold a Bible study to nurture ourselves spiritually. Spirituality is a vital component of our lives and of our care as nurses. Our other main activity is the Fall Social that we organize as a welcome to all the newly accepted nursing students.

For the spring semester, our calendar is filled with exciting event such as, the Komen Race for the Cure, workshops on resume, communication, etc..., and the National Convention in Orlando. We are very excited for what the future holds for us a chapter, and look forward to becoming more active in our community as well as working with the other schools of nursing in our region and state.

Thank you,
Annetta Babu

Guest Speaker – Janice B. Hess

About Janice Hess..

Janice B. Hess, FNP-BC, MSN began her career as a diploma graduate from Orange Memorial, Orlando Fl. in 1967. She achieved her certificate as an Adult Nurse Practitioner in 1977 from Brigham Young University, Provo, Utah before completing her BSN in 1980 from Southern Missionary College, Collegedale, Tennessee. In 1984 she completed a MSN from the University of Florida, Gainesville, Fl majoring in nursing administration and Family Nurse Practitioner role. On graduation with her diploma in 1967 she worked medical surgical nursing and CCU. She transferred to a University in 1968 and worked college health where she began her advanced practice nursing career. Upon completion of her MSN she assumed a position at the Veterans Administration Outpatient Clinic in 1985. She opened an NP managed Medicaid Family Practice Clinic in 1995 in Ocala Fl. before returning to the VA in 1998 where she continues to work in Primary Care as a NP. Presently Janice is a member of the FNA and the Florida Nurses-Political Action Committee Board and has been a legislative liaison for her FNA district and Advanced Nursing Council for the past 14 years. Looking forward to the completion of the final leg of her academic journey, she is a candidate for a Doctorate in Nursing Practice graduating in April from the University of Florida.

Why ?

Nursing is based on a rich history of nursing leaders such as Nightingale, Wald, and Sanger who fought for and achieved social and healthcare change through their efforts. To move nursing from the present state of invisibility in the discussion of important issues re health care, many believe that nurses will need to become well informed and politically involved forming coalitions for change similar to those of our past leaders. The Florida Nurses Association (FNA) and Florida Nursing Students Association (FNSA) are the only professional organizations in the state that represents all nurses and nursing students. These organizations offer a wonderful opportunity for building a strong coalition for change through a united voice that represents both the nursing profession and the public's needs.

FNA lobbying efforts are documented since 1913 when the then Florida State Association of Graduate Nurses formed its first

legislative committee and succeeded in passage of "An Act to Provide For State Registration of Nurses" June 7, 1913. The legacy of years of Florida Nurse's Association (FNA) advocacy for nurses and the public is hidden within the archives of The Florida Nurse (originally, The Florida Nurse Bulletin). Had not a professional group of dedicated nurses stood sentinel over nursing and patient care legislative issues, a very different professional and patient care environment would most likely be the norm in Florida health care today. Without FNA's advocacy, non nursing special interests would have been allowed to operate unchallenged resulting in different outcomes possibly adversely affecting public health and safety as well as the nursing profession. For example without FNA, the push for better pay and working conditions through collective bargaining would not have occurred. This includes the FNA efforts in 1934 for a 48 hour work week for

students instead of the 56 hours students and graduates were then expected to work. As mentioned previously, nursing licensure would not have been defined or delineated allowing non qualified and uneducated people to call themselves nurses and work unregulated. The Nurse Practice Act and consequent amendments to accommodate changing nursing responsibilities would not have been passed. Nursing education scholarships and nursing programs would have been drastically affected if not eliminated due to funding cuts. The list of benefits of FNA political advocacy could fill pages but the burning question remains why don't nursing students and nurses realize the benefits of becoming involved in these grassroots political advocacy efforts? Why do nurses abdicate their considerable power as the largest group of health care professionals in Florida to others by failing to embrace and become of a part

their professional organization? Answering the question of “Why?” will help move FNA toward an effective plan that will hopefully increase membership and civic engagement or advocacy efforts of Florida nurses and nursing students. Central to this strategy is to examine the student nurses’ perspective re professional membership and political advocacy. A literature review indicates that students who become engaged in their student nursing organization are

more likely to remain engaged and active once they graduate.

Potential barriers to nursing involvement in political advocacy or professional organizations mentioned in literature on the topic include: lack of nursing curriculum designed to build nursing competency and comfort in political action; a lack of faculty support and role modeling of political action; nurses lack the “wherewithal” time, money and civic skill to become engaged;

and nurses viewing themselves as powerless to make a difference. What do you think? Are any of the barriers mentioned above responsible for the why or are their other reasons why some nursing students become involved in the Florida Nursing Students Association and others don’t?

NOTICE!!

Anyone who still wants to run for a committee may do so. Please contact your region director or Sarah Lindley for more information.

Florida Nursing Students' Association
Financial Report
January 2009-December 2009

Beginning balance (Jan 09)..... \$67,941.88

Revenue

State Convention (08)..... \$17,480.00
Sponsorships..... \$4,406.19
Membership..... \$20,355.00
Advertising..... \$1,550.00
Exhibits..... \$15,550.00
Royalties (After College)..... \$2,219.00
Preconvention Workshop Registration..... \$540.00
Pins (state)..... \$478.00
Total revenue..... \$62,578.19

Expenses

Convention/Programs
State Convention..... \$34,280.00
National Convention..... \$5,280.54
Midyear..... \$1,930.66
Preconvention Workshop..... \$2,044.00
Lobby Days..... \$376.87
NSNA Foundation Donation..... \$250.00
Hotline..... \$270.00
Postage..... \$579.00
Travel..... \$ 2,793.71
Printing..... \$1,344.55
Stationery..... \$155.11
Miscellaneous/Special Projects..... \$182.92
Management Fee-FNA..... \$5,000.00
Bond Insurance..... \$1,500.00
Event Cancellation Insurance..... \$800.00
Total Expenditures..... \$56,787.36

Net Income\$ 5,790.83

Ending Balance (Dec. 09).....\$73,732.71

Reserve Fund (Savings)

Beginning Balance (Jan. 09).....\$50,975.00
Ending Balance (Dec. 09).....\$51,014.00

Scholarships

Please do not forget to apply for scholarships! They are available on the FNSA website and should be brought with you to convention. For more information, ask your region director or Dudley Deshommes, Treasurer.

Remember

Anyone wishing to contribute anything to Hotline is free to email Becca Slone, corresponding secretary. Get featured in the next issue! Find an interesting article? Send it! Have an instructor (or are an instructor) and want to include something pertaining to research or new information? Send it! Have an opinion you would like to share? Send it! We want your input!

NCLEX practice questions:

1. A nurse explains some of the purposes of the placenta to a client during a prenatal visit. The nurse determines that the client understands some of these purposes when she states that the placenta:
 - a. Cushions and protects the baby
 - b. Maintains the temperature of the baby.
 - c. Is the way the baby gets food and oxygen.
 - d. Prevents all antibodies and viruses from passing to the baby.

2. A nurse collects urine specimens for catecholamine testing from a client with suspected pheochromocytoma. The results of the catecholamine test are reported as 20mcg/100mL urine. The nurse analyzes these results as:
 - a. Normal
 - b. insignificant and unrelated to pheochromocytoma.
 - c. lower than normal, ruling out pheochromocytoma.
 - d. Higher than normal, indicating pheochromocytoma.

Reference: Silvestri, L. A. (2008). *Comprehensive review for the NCLEX-RN examination*. St. Louis, Missouri: Saunders.