**COMMUNITY HEALTH RESOURCES AND IDEAS**

The Community Health chair is a great opportunity to unite nursing students across the state to promote community health initiatives to benefit Florida communities at a state and local level. The following looks over resources for community health organizations throughout the state and ideas for possible community projects.

***Resources***:

1. <https://www.nsna.org/population-and-global-health-committee.html>
2. <https://www.nsna.org/population--global-health-resources.html>
3. <http://www.pvfla.org/> (formerly Prevent Blindness Florida)
4. <http://www.floridahealth.gov/programs-and-services/community-health/index.html>
5. <https://www.healthypeople.gov/2020/topics-objectives/topic/educational-and-community-based-programs>
6. <https://www.beckershospitalreview.com/quality/healthcare-awareness-calendar-key-months-weeks-and-days-from-january-to-december.html>
7. <http://www.theagapecenter.com/Organizations/Florida.htm>
8. <https://www.fchcinc.org/>
9. <http://elderaffairs.state.fl.us/doea/cce.php>

***Project Ideas***:

1. Blood pressure, scoliosis, anemia, glaucoma, vision, and hearing screening
   1. Places to enact these screenings can include community centers, churches, schools, senior centers, homeless shelters, etc.
2. Recycling initiative of paper, metal, and glass
   1. The effects of climate change on nursing
3. LGBT awareness initiative
4. Volunteering at nursing homes / SNFs / ALFs to promote awareness of understanding the needs of geriatric population
5. Cancer screening and prevention methods
   1. Breast self-exam, mammograms, sun safety
6. Importance of nutrition, weight management, and exercise = 5-2-1-0 initiative
7. Suicide prevention
8. Mental health advocation
9. Tobacco cessation
10. Be the Match – National Marrow Donor Program
11. Assisting the homeless (food / clothing drives, wellness check-ups)
12. Disaster drills & simulations – many hospitals perform a yearly disaster drill for employees to participate in but requires large amounts of volunteers to make achievable.
13. Safe Sleep Promotion for infants
14. Health needs of college students (immunizations, mental health, STDs, etc)
15. Hygiene (helpful for focusing on pediatric populations) – can be achieved by going to local elementary schools to teach about hand hygiene or going to middle schools to teach about bodily hygiene.
16. Diabetes education
17. Fall prevention education
18. Monthly Awareness Projects – examples:
    1. January –
       1. National Blood Donor Month
       2. National Glaucoma Awareness Month
       3. Cervical Health Awareness Month
       4. Thyroid Awareness Month